

# Appendix 14c: Athlete Code of Conduct

The code of conduct below can be adapted for your club to suit the club committee and membership.

Name of Club: Glasgow Riderz.

We are committed to creating an environment that promotes the enjoyment and enthusiasm of every individual within our club through a safe and positive environment. We want to support our individuals to base their conduct on a sense of personal integrity; based on the acceptance of rules, fairness, equality, respect for others and a sense of what is right; where major rule infringements are automatically rejected as being not part of the sport of cycling.

## As a member of the club, I will:

- abide by the rules of the sport
  - arrive for training and competition in good time to prepare properly
  - wear suitable kit (including a helmet) and clothing for all cycling activity sessions, as agreed with the coach
  - respect officials and all their decisions
  - be a good sport by applauding all performances, whether they are made
  - control my temper - verbal abuse of officials and other riders or deliberately distracting/provoking an opponent is not acceptable or permitted behaviour in any sport
  - work equally hard for myself and my club
  - respect the rights, dignity and worth of everyone
  - pay any fees promptly
  - treat all participants in cycling as I would like to be treated - not bullying or taking unfair advantage of another participant
  - cooperate with my coach, club mates and opponents - remember, without them there would be no competition
  - thank officials and opponents after competition.
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**I have the right to:**

- Be safe and happy while taking part in the sport in a protected environment
- Be respected and treated fairly and participate on an equal basis, appropriate to your ability
- Be protected from abuse by others from within or out with the club
- Ask for help
- Be believed
- Be listened to
- Be referred to professional help if needed

Breaches of the Young People's Code of Conduct will be dealt with in accordance with the club's and or Scottish Cycling and British Cycling disciplinary procedures.

I have read and understood the above Code of Conduct and I agree to be bound by it:

Signed .....

Name (print) .....

Date .....

Parent/Carer (required for U18s)

Name (print) .....

Signed .....

Date .....